

Name _____

Courageous Hearts: A Sonnet on Seeking Help

Open-Ended Response Questions

1. Can you provide an example from your own life or from the poem that illustrates the idea that seeking help is an act of bravery?
2. How do you interpret the line, "In shadows deep, where fears and doubts reside," in relation to the theme of the poem?
3. Why do you think the poem emphasizes that showing vulnerability is not a sign of weakness but a path to strength?
4. In your own words, explain how vulnerability and seeking help can contribute to building a world where love is the beating heart.

