

Name \_\_\_\_\_

## Courageous Hearts: A Sonnet on Seeking Help

### Open-Ended Response Answer Key

1. Answers will vary, but students may share personal experiences of seeking help or witnessing someone else seek help in a challenging situation and how it ultimately led to a positive outcome.
2. "In shadows deep, where fears and doubts reside" suggests that vulnerability and the need for help often come from a place of inner struggle and fear.
3. The poem emphasizes that showing vulnerability is not a sign of weakness but a path to strength because it acknowledges that asking for help is a courageous act that requires inner strength and a willingness to grow.
4. Vulnerability and seeking help can contribute to building a world where love is the beating heart by fostering connections, empathy, and understanding among people, creating a more compassionate and supportive society.

