

Name \_\_\_\_\_

## Exploring the Flavors of Mexico: A Culinary Journey

### Multiple Choice Questions

1. What is the staple food of Mexico?

- a) Rice
- b) Wheat
- c) Corn (Maize)
- d) Potatoes

2. Which ingredient provides both heat and flavor to many Mexican dishes?

- a) Avocado
- b) Chillies
- c) Tomatoes
- d) Onions

3. What is the main filling for tamales?

- a) Beef
- b) Chicken
- c) Masa (corn dough)
- d) Rice

4. Which traditional Mexican dish consists of tortillas filled with various ingredients like grilled meat and salsa?

- a) Tamales
- b) Enchiladas
- c) Tacos
- d) Burritos

5. What is the primary flavoring agent in mole sauce?

- a) Chocolate
- b) Cinnamon
- c) Vanilla
- d) Nutmeg

