

Name _____

Cytokines: The Tiny Messengers Inside You

Multiple Choice Questions

1. What are cytokines?
 - a) Tiny messengers produced by cells in the immune system.
 - b) A type of food.
 - c) A video game.
 - d) A type of bird.

2. How do cytokines help regulate the immune response?
 - a) By keeping inflammation balanced.
 - b) By causing more inflammation.
 - c) By making everyone sleepy.
 - d) By turning people into superheroes.

3. What is the role of cytokines in autoimmune diseases?
 - a) They can cause inflammation and tissue damage.
 - b) They make people feel happy.
 - c) They turn into superheroes.
 - d) They disappear from the body.

4. What is the analogy used in the passage to describe cytokines?
 - a) Generals in an army.
 - b) Referees on a field.
 - c) Pirates on a ship.
 - d) Astronauts in space.

5. Why are cytokines important for the immune system?
 - a) They coordinate the body's response to infections.
 - b) They make people dance.
 - c) They cause chaos in the body.
 - d) They make people invisible.

