

Name _____

Daoism (Taoism): The Harmony of Ancient Chinese Culture

Multiple Choice Questions

1. What is the central concept of Daoism?
 - a) Karma
 - b) Qi
 - c) Dao (Tao)
 - d) Nirvana

2. How did Daoism influence traditional Chinese paintings?
 - a) It promoted abstract art.
 - b) It emphasized depictions of urban life.
 - c) It focused on serene landscapes and nature.
 - d) It encouraged bright and vibrant colors.

3. Which ancient text is considered the foundational text of Daoism?
 - a) The Analects
 - b) The Bhagavad Gita
 - c) The Dao De Jing
 - d) The Art of War

4. What is the significance of the yin and yang symbol in Daoism?
 - a) It represents the eternal cycle of birth and death.
 - b) It symbolizes the balance of opposites and the interconnectedness of all things.
 - c) It signifies the pursuit of material wealth and success.
 - d) It represents the hierarchy of deities in Daoist religion.

5. What role did Daoism play in the development of martial arts in ancient China?
 - a) It had no influence on martial arts.
 - b) It promoted aggressive combat techniques.
 - c) It emphasized balance, flexibility, and inner strength in martial arts practices.
 - d) It focused on weaponry and warfare.

