

Name _____

Daoism (Taoism): The Harmony of Ancient Chinese Culture

Short Answer

1. Explain the concept of "Dao" (Tao) in Daoism and its significance in achieving harmony.
2. How did Daoist principles influence traditional Chinese medicine and wellness practices?
3. Describe the role of the "Dao De Jing" and its attributed author, Laozi, in Daoism.
4. What are some key aspects of religious Daoism, and how do they differ from philosophical Daoism?
5. How did Daoism contribute to the development of martial arts in ancient China, and what principles are emphasized in Daoist martial arts?

