

Name \_\_\_\_\_

## Navigating the Dating Maze: The Role of Peer Pressure in Relationships

### Multiple Choice Questions

1. What is peer pressure in dating?
  - a) The pressure to date someone you don't like
  - b) The influence of friends and peers on dating decisions and expectations
  - c) The pressure to break up with your partner
  - d) The pressure to keep your dating life a secret
  
2. How can peer pressure affect your dating expectations?
  - a) It has no impact on your dating expectations.
  - b) It can shape your beliefs about relationships, such as goals and ideal partners.
  - c) It only influences the timeline of your dating journey.
  - d) It makes you ignore your own values completely.
  
3. What is one way peer pressure can influence your dating choices?
  - a) Peer pressure encourages you to trust your instincts.
  - b) It can lead you to seek someone who fits your preferences.
  - c) Peer pressure has no effect on dating choices.
  - d) Seeking the approval of your friends can lead you to date someone they approve of, even if you're not interested.
  
4. How can you navigate peer pressure in dating?
  - a) Completely ignore your friends' perspectives.
  - b) Trust your instincts and never listen to peer advice.
  - c) Seek support from trusted adults and maintain healthy boundaries.
  - d) Always follow your friends' dating advice without question.
  
5. Why is self-reflection important when navigating peer pressure in dating?
  - a) It's not essential in making dating decisions.
  - b) Self-reflection helps you understand your own dating expectations and desires.
  - c) Self-reflection is only necessary when seeking peer approval.
  - d) It's essential to avoid all peer influence.

