

Name \_\_\_\_\_

## Navigating the Dating Maze: The Role of Peer Pressure in Relationships

### Open-Ended Response Questions

1. Reflect on the potential long-term impact of peer pressure in dating on one's self-esteem and overall well-being. How can making independent dating choices positively affect your self-esteem?
2. Imagine a situation where a friend is struggling with peer pressure in dating and is considering dating someone they are not interested in just to gain peer approval. Offer advice on how you would help them make a decision that aligns with their feelings and values.
3. Discuss the role of trusted adults, such as parents or counselors, in providing support and guidance when navigating peer pressure in dating. How can seeking their advice be beneficial?
4. In your opinion, what are some effective strategies for maintaining healthy boundaries in dating while still considering the influence of peer pressure? Share your thoughts and advice.

