

Name _____

Navigating the Dating Maze: The Role of Peer Pressure in Relationships

Open-Ended Response Answer Key

1. Peer pressure in dating can have long-term effects on self-esteem and overall well-being. Making independent dating choices that align with personal feelings and values can positively affect self-esteem by promoting self-acceptance and confidence. When individuals prioritize their own desires over peer pressure, they develop a stronger sense of self-worth and authenticity.
2. [Student's advice to help a friend struggling with peer pressure in dating]
3. Trusted adults, such as parents or counselors, can provide support and guidance by offering a different perspective and helping individuals make informed decisions. Seeking their advice can be beneficial because they have more life experience and can offer valuable insights into dating and relationships.
4. Effective strategies for maintaining healthy boundaries in dating while considering the influence of peer pressure include open communication with partners, setting clear boundaries, and regularly checking in with oneself to ensure that choices align with personal values and comfort levels.

Additionally, seeking advice from trusted adults and friends who respect one's boundaries can be helpful in navigating peer pressure.

