

Name _____

Defensive Warriors: Unveiling American Football's Defensive Positions

Short Answer Key

1. Defensive ends primarily rush the quarterback and help contain running plays by preventing ball carriers from getting to the outside.
2. Essential qualities for a cornerback include speed, agility, excellent ball skills, and the ability to stick to receivers in coverage.
3. A middle linebacker is responsible for calling defensive plays, reading the offense, and making tackles all over the field. They need to be quick thinkers and strong tacklers.
4. Safeties contribute to the defense by preventing long passes and stopping running backs from breaking free. They read the quarterback's eyes and react quickly to the action on the field.
5. Adaptability is important for defensive players as they must adjust to the opposing offense's strategies, changing their positions and tactics to counter the plays they face.

