

Name _____

Diving into Artistic Gymnastics: Exploring the Different Events

Multiple Choice Questions

1. Which event in Artistic Gymnastics showcases a gymnast's ability to express creativity and artistry while performing to music?
 - a. Balance Beam
 - b. Vault
 - c. Floor Exercise
 - d. Uneven Bars

2. In which event do gymnasts perform on a narrow beam that's just four inches wide?
 - a. Vault
 - b. Floor Exercise
 - c. Uneven Bars
 - d. Balance Beam

3. What is the primary focus of the vault event in Artistic Gymnastics?
 - a. Performing complex dance moves
 - b. Maintaining balance on a narrow beam
 - c. Sprinting down a runway and launching over a vaulting table
 - d. Swinging and releasing on the uneven bars

4. Which apparatus is not used in the uneven bars event?
 - a. High Bar
 - b. Vaulting Table
 - c. Low Bar
 - d. Mat

5. What do gymnasts showcase in the floor exercise event?
 - a. Upper body strength
 - b. Balance and control
 - c. Explosiveness and air awareness
 - d. Artistic expression and athleticism

