

Name _____

Diving into Artistic Gymnastics: Exploring the Different Events

Short Answer

1. Describe the key elements of a floor exercise routine in Artistic Gymnastics.
2. What is the biggest challenge for gymnasts when performing on the balance beam?
3. Explain how the height and distance of vaults impact a gymnast's score in the vault event.
4. How do gymnasts demonstrate their upper body strength in the uneven bars event?
5. What role does artistry play in the floor exercise event?

