

Name _____

Understanding Emotions: How Bullying Affects People's Feelings

Short Answer

1. Explain how bullying can make some individuals feel powerless.
2. Describe the emotional impact of bullying on a victim's self-esteem.
3. What are some potential consequences of feeling shame and embarrassment due to bullying?
4. How might fear of bullying affect a victim's daily life and well-being?
5. Provide an example of how anger resulting from bullying can lead to negative behavioral reactions.

