

Name _____

Express Yourself: The Magical Impact of Arts on Teenagers' Emotions

Open-Ended Response Questions

1. In your opinion, how can schools and communities promote the benefits of the arts for teenagers' emotional well-being?
2. Share a personal experience where engagement with the arts positively impacted your emotional well-being or that of someone you know.
3. How can teenagers strike a balance between pursuing creative activities and seeking appropriate support for their emotional challenges?
4. What advice would you give to a teenager who is interested in exploring the world of arts to enhance their emotional well-being?

