

Name _____

Express Yourself: The Magical Impact of Arts on Teenagers' Emotions

Multiple Choice Answer Key

1. B) It allows them to connect with their feelings and experience catharsis.
2. B) It helps them empathize with diverse characters and perspectives.
3. B) They provide a therapeutic outlet for self-expression.
4. C) To serve as a form of stress relief and emotional expression
5. B) It highlights the need for appropriate support when necessary.

