

Name _____

Empathy: Understanding and Connecting with Others

Open-Ended Response Questions

1. Can you share a personal experience where you used empathy to connect with someone or help them during a challenging time? How did it make you feel, and what was the outcome?
2. Think of a situation where someone's perspective might be very different from your own. Describe how you would approach understanding their point of view and empathizing with them.
3. Why do you think some people find it difficult to express empathy or connect with others emotionally?
4. Imagine a world where everyone practiced empathy regularly. How do you think this would impact the way people treat each other and solve problems?

