

Name _____

The Art of Active Listening: Enhancing Your Conversations

Open-Ended Response Questions

1. Share a personal experience where you successfully used active listening to resolve a conflict or misunderstanding. Describe the situation, the active listening techniques you employed, and the outcome.
2. Imagine you are in a conversation with a friend who is sharing a challenging experience. Explain how you would demonstrate empathy and provide reflective responses to show your active listening and support.
3. Reflect on a recent conversation where you faced the barrier of impatience while trying to actively listen. Discuss the impact of your impatience on the conversation and strategies you could have used to overcome it.
4. Think about a situation where you made assumptions about what someone was going to say during a conversation. How did these assumptions affect your active listening, and what could you have done differently to improve your listening skills?

