

Name \_\_\_\_\_

## Fast Food's Double-Edged Sword: Health and Environmental Consequences

### Short Answer

1. What are some health-related concerns associated with the regular consumption of fast food?
2. Name one environmental impact of the fast food industry related to meat production.
3. What is a suggested approach for reducing packaging waste when dining at fast food restaurants?
4. How can individuals support sustainable practices in the fast food industry?
5. What is the significance of making informed choices when it comes to fast food?

