

Name _____

Fast Food's Double-Edged Sword: Health and Environmental Consequences

Short Answer Key

1. Health concerns may include weight gain, poor nutrition, increased risk of chronic diseases, and dental issues.
2. One environmental impact related to meat production is greenhouse gas emissions.
3. One approach to reducing packaging waste is to use reusable containers and utensils.
4. Individuals can support sustainable practices by choosing fast food chains committed to eco-friendly sourcing and practices.
5. Making informed choices allows individuals to enjoy fast food responsibly and reduce its negative impact on health and the environment.

