

Name _____

The Art of Living: The Classical Manual on Virtue, Happiness, and Effectiveness by Epictetus

Short Answer Key

1. The dichotomy of control is the idea that some things are within our control (our beliefs, desires, and actions), while others are not (external events, other people's opinions, and circumstances).
2. Epictetus considers the pursuit of wisdom and virtue as the path to eudaimonia, which he defines as a state of flourishing and contentment.
3. Practical topics addressed by Epictetus include dealing with adversity, managing desires and emotions, and forming meaningful relationships.
4. Epictetus believes that living in accordance with nature means aligning our will with the rational and moral order of the universe, embracing our rational nature.
5. Epictetus views reason as essential in making ethical decisions, as it allows us to align our values with rational principles and make virtuous choices.

