

Name _____

Spike Through Time: The Fascinating Evolution of Volleyball

Open-Ended Response Answer Key

1. The original version of volleyball involved a net, but players could use any part of their body to hit the ball over the net. There were no specific restrictions on how the ball could be played over the net, and the game was designed to be a less strenuous alternative to basketball.
2. The Olympic Games played a significant role in promoting volleyball worldwide by providing a prestigious stage for the sport. Volleyball's inclusion in the Olympics helped it gain global recognition, increased its popularity, and attracted a broader audience, contributing to its growth as a sport.
3. One significant rule change was the introduction of the rally scoring system. This change impacted the game by making every play count toward the score, increasing the pace and excitement of matches. Players had to be more focused and strategic in their plays, as each point became crucial.
4. Beach volleyball gained popularity due to its accessibility and the enjoyable experience of playing in a beach setting. It is less formal and more relaxed than indoor volleyball, often played in swimsuits on sandy beaches. The smaller team size and different court surface add unique challenges, such as dealing with sand instead of a hard floor and adapting to changing weather conditions. The outdoor setting and emphasis on teamwork and communication make it an appealing and entertaining variation of the sport.

