Name _____

Fear Fighters: Strategies for Taming Your Fears

Open-Ended Response Questions

1. Share a personal experience or fear you've faced and how you applied one of the strategies mentioned in the story to overcome it.

2. How might the strategies for overcoming fear discussed in the story be helpful in other aspects of life, beyond just conquering fears?

3. Why do you think it's important for kids to learn about and practice strategies for overcoming fear?

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