

Name _____

Feeling Good: Understanding the Impact of Temperature and Humidity on Your Well-Being

Open-Ended Response Questions

1. Reflect on a personal experience when you felt uncomfortable due to extreme weather conditions (hot or cold). Describe the situation, your feelings, and any actions you took to improve your comfort and well-being.
2. Research and discuss a region known for its extreme weather conditions. Explain how temperature and humidity variations impact the lives of people living in that area and the adaptations they've made.
3. Imagine you're a meteorologist giving advice to the public about coping with a heatwave. What key points would you emphasize, and how would you convey the importance of staying safe during hot and humid weather?
4. Explore the concept of the "urban heat island effect" and its impact on temperature and humidity in cities. Discuss strategies that urban planners can use to mitigate this effect and improve urban comfort during heatwaves.

