

Name _____

Feeling Good: Understanding the Impact of Temperature and Humidity on Your Well-Being

Multiple Choice Answer Key

1. c. A way to describe how the combination of heat and humidity feels
2. b. Heatstroke
3. c. Because it allows for better sweat evaporation
4. b. Stay well-hydrated and find shade or air conditioning
5. b. High humidity makes us feel warmer, while low humidity makes us feel cooler

