

Name \_\_\_\_\_

## Energizing Our Bodies: How Food Becomes Energy

### Short Answer Key

1. Carbohydrates, fats, proteins.
2. Inside the mitochondria of our cells.
3. Fats can be broken down into fatty acids and used for energy when needed.
4. ATP is used by our cells to provide energy for various activities.
5. Waste products from cellular respiration are eliminated through the bloodstream, mainly through exhalation (carbon dioxide) and urine (water).

