

Name \_\_\_\_\_

## Hunger's Grip: Understanding the Causes and Consequences of Food Insecurity

### Multiple Choice Questions

1. What is food insecurity?
  - a) A preference for specific types of food
  - b) The inability to consistently access and afford enough nutritious food
  - c) A desire to try different cuisines
  - d) A temporary feeling of hunger
  
2. What is one of the primary causes of food insecurity mentioned in the passage?
  - a) High food costs
  - b) Overeating
  - c) Lack of exercise
  - d) Excessive employment
  
3. What are some consequences of food insecurity?
  - a) Increased productivity
  - b) Lower academic achievement
  - c) Reduced healthcare costs
  - d) Improved access to nutritious food
  
4. What is SNAP, as mentioned in the passage?
  - a) A type of food
  - b) A cooking technique
  - c) A government food assistance program
  - d) A popular restaurant chain
  
5. How can individuals and communities contribute to combatting food insecurity, according to the passage?
  - a) By creating food deserts
  - b) By raising food prices
  - c) By advocating for policies to address root causes
  - d) By consuming more food

