

Name \_\_\_\_\_

## Exploring the Flavors of Russia: Food and Diet

### Short Answer

1. Describe two common staples of Russian cuisine besides grains.
2. What are some common ingredients used to fill blini in Russian cuisine?
3. Name a traditional Russian dessert and describe its taste or texture.
4. How do Russians typically enjoy tea, and what are some accompaniments?
5. Explain how the Russian diet varies with the seasons.

