

Name _____

Exploring the Flavors of Russia: Food and Diet

Short Answer Key

1. Possible answers include potatoes, bread, and grains like wheat and barley.
2. Common blini fillings include caviar, sour cream, jam, or mushrooms.
3. Possible answers include honey cake, pryaniki (spiced gingerbread cookies), or syrniki (cheese pancakes).
4. Russians typically enjoy tea with preserves, honey, or sweets.
5. The Russian diet varies with the seasons, with hearty and warming dishes in winter and fresh fruits and vegetables in summer.

