

Name _____

Savory Delights: Exploring the Foods and Diet of Nigeria

Multiple Choice Questions

1. What is the main ingredient in Jollof Rice?
 - a) Cornmeal
 - b) Rice
 - c) Wheat
 - d) Potatoes

2. What is fufu made from?
 - a) Flour
 - b) Rice
 - c) Cassava, yam, or plantains
 - d) Potatoes

3. Which meat is commonly used in making Suya?
 - a) Pork
 - b) Beef, chicken, or goat
 - c) Lamb
 - d) Turkey

4. What is the primary ingredient in Egusi Soup?
 - a) Tomatoes
 - b) Ground melon seeds
 - c) Peanuts
 - d) Coconut milk

5. What is the primary seasoning used in Chinchinga?
 - a) Soy sauce
 - b) Peanut sauce
 - c) Mustard
 - d) Barbecue sauce

