

Name _____

Savory Delights: Exploring the Foods and Diet of Nigeria

Open-Ended Response Questions

1. Discuss the significance of food in Nigerian celebrations and festivals, and explain how it brings people together.
2. Imagine you are a nutritionist in Nigeria. Provide three pieces of advice for maintaining a healthy diet while enjoying traditional Nigerian dishes.
3. Reflect on the importance of preserving and promoting traditional Nigerian cuisine as part of the country's cultural heritage.
4. Choose one traditional Nigerian dish from the passage and describe its taste, texture, and any unique flavorings or spices used. Would you like to try it? Why or why not?

