

Name \_\_\_\_\_

## Turf, Grass, and Player Safety: A Look at American Football Surfaces

### Short Answer

1. Why is artificial turf a popular choice for football fields?
2. Name one piece of protective gear that football players wear to enhance safety.
3. Explain why proper tackling techniques are important in football.
4. What is the purpose of medical personnel on the sidelines during a football game?
5. How does conditioning and training help reduce the risk of injuries in football?

