

Name _____

Turf, Grass, and Player Safety: A Look at American Football Surfaces

Open-Ended Response Questions

1. Discuss the advantages and disadvantages of natural grass and artificial turf for football fields. Which do you think is the better choice, and why?
2. Imagine you are a football coach. Describe how you would emphasize player safety during training and practice sessions. What specific drills or exercises would you include?
3. In your opinion, why is it essential for football players to wear protective gear like helmets and pads? How do these pieces of equipment contribute to player safety?
4. Share your thoughts on how sports like football can balance the excitement of the game with the safety of the players. What measures would you implement to ensure that the game remains thrilling but not overly risky?

