

Name _____

The Role of Forgiveness in Healing and Strengthening Relationships

Short Answer

1. Explain what forgiveness is and why it is important in relationships.
2. How can empathy help in the forgiveness process, and why is it important to understand the other person's perspective?
3. Describe the steps involved in cultivating forgiveness in a relationship.
4. Why is setting boundaries a crucial aspect of forgiveness, and how do they contribute to healthier relationships?
5. In the scenario provided, explain how forgiveness can be practiced to heal and strengthen a friendship.

