

Name \_\_\_\_\_

## The Adventure of Frankie the Forest Fox

### Open-Ended Questions Answer Key

1. Frankie's breathing trick could help me calm down when I feel angry or upset, so I don't react in a way I might regret. It gives me time to think before acting.
2. If I made a friend angry by accident, I would say I'm sorry, explain it wasn't on purpose, and try to make things right so they feel better.
3. It's important to think before reacting in anger because acting without thinking can hurt others' feelings or make a situation worse. Staying calm helps you find a better solution.
4. Besides breathing, Frankie could have walked away for a few minutes to cool off, counted to ten, or talked to Bella and Chip about how he was feeling instead of stomping his paws.

