

Name _____

Freddy and the Fire-Breathing Feeling

Short-Answer Answer Key

1. Freddy felt like a fire-breathing dragon because he was frustrated that he couldn't tag Sally Squirrel.
2. Benny described feeling like a volcano about to explode when frustrated.
3. Benny taught Freddy to breathe in deeply through his nose and exhale slowly through his mouth.
4. Freddy felt calm and proud of himself after deep breathing.
5. Freddy's friends helped by turning deep breathing into a fun game.

