

Name \_\_\_\_\_

## The Art of Free-Throw Shooting in Basketball

### Open-Ended Response Questions

1. Explain the role of free-throw shooting in a basketball game and how it can impact the outcome of close contests.
2. Discuss the psychological challenges that players may face when standing at the free-throw line, especially in high-pressure situations.
3. Share some strategies that players can use to maintain their composure and concentration when taking crucial free throws in the final moments of a game.
4. Reflect on the importance of practice and repetition in improving free-throw shooting skills and its parallels with other aspects of life where practice leads to mastery.

