

Name _____

Around the World in a Gap Year

Open-Ended Response Answer Key

1. The Muay Thai training in Thailand not only improved Lily's physical fitness but also taught her discipline, patience, and respect for others. It was a transformative experience that contributed to her personal growth.
2. The concept of "Washoku" in Japan taught Lily the importance of simplicity and balance in meals. It encouraged her to appreciate the beauty of a well-rounded, healthy meal and to savor each bite.
3. Cultural immersion allowed Lily to connect with locals, learn authentic cooking methods, and understand the cultural significance of food. This enriched her appreciation of different cuisines and lifestyles and made her gap year truly memorable.
4. The trek to Machu Picchu was physically demanding, just like Lily's gap year. It required preparation, determination, and endurance. At the end of both journeys, Lily found herself standing in awe of the beauty and the lessons they offered.

