

Name \_\_\_\_\_

## The Daily Habits and Behaviors of Gorillas



Gorillas are fascinating animals known for their intelligence and strong social bonds. These great apes are diurnal, which means they are active during the day and rest at night. They spend most of their day searching for food, eating, and interacting with members of their group.

Gorillas live in groups called troops, usually consisting of 5 to 30 members. Each troop is led by a dominant male called a silverback, named for the patch of silver hair on his back. The silverback plays a crucial role in protecting the group and making decisions about where to find food and when to rest.

Gorillas are herbivores and eat mostly plants, such as leaves, fruits, stems, and bamboo shoots. They spend several hours each day foraging for food. Once they have eaten, they often rest and groom each other. Grooming helps strengthen their social bonds and keeps their fur clean.

These primates communicate using a variety of sounds, gestures, and facial expressions. They may grunt softly to stay in touch with other troop members or beat their chests to show strength. Despite their size, gorillas are generally gentle and avoid conflict when possible.

At night, gorillas build nests out of leaves and branches to sleep in. They create new nests each night, usually on the ground, though younger gorillas may sleep in trees.

Gorillas' daily habits help them survive and thrive in the wild. Their strong family bonds, communication skills, and peaceful nature make them truly remarkable animals.

