

Name _____

Mastering Skateboard Tricks: Grinds and Slides

Multiple Choice Questions

1. What is the main difference between grinds and slides?
 - a) Grinds involve sliding the skateboard deck; slides involve the trucks.
 - b) Grinds involve sliding the skateboard trucks; slides involve the deck.
 - c) Grinds and slides are the same; there's no difference.
 - d) Grinds and slides can only be performed on ramps.

2. What should you always wear when attempting advanced tricks like grinds and slides?
 - a) A cape
 - b) A jacket
 - c) Appropriate safety gear, including a helmet, knee pads, and elbow pads
 - d) Sunglasses

3. What is the foundational skateboarding skill that you should master before attempting grinds and slides?
 - a) Riding in a straight line
 - b) Spinning in circles
 - c) The manual
 - d) The ollie

4. What should you do if you want to practice grinds and slides on an obstacle?
 - a) Always choose the highest obstacle available.
 - b) Pick an obstacle that is too narrow for your skateboard.
 - c) Select an appropriate obstacle that matches your skill level.
 - d) Avoid practicing grinds and slides altogether.

5. How can filming your skateboarding attempts be helpful?
 - a) It can be used to show off to friends.
 - b) It helps you track your progress and analyze your technique.
 - c) It's only useful for professional skateboarders.
 - d) It has no benefits in improving your skateboarding skills.

