

Name _____

Mastering Skateboard Tricks: Grinds and Slides

Short Answer

1. What does the ollie involve, and why is it important for advanced tricks like grinds and slides?
2. Why is it essential to choose an appropriate obstacle when practicing grinds and slides?
3. What safety gear should you wear when attempting advanced skateboard tricks, and why is it necessary?
4. How can adjusting your weight distribution help maintain balance while performing grinds and slides?
5. Why is patience and practice crucial when learning advanced skateboard tricks?

