

Name _____

Mastering Skateboard Tricks: Grinds and Slides

Multiple Choice Answer Key

1. b) Grinds involve sliding the skateboard trucks; slides involve the deck.
2. c) Appropriate safety gear, including a helmet, knee pads, and elbow pads.
3. d) The ollie
4. c) Select an appropriate obstacle that matches your skill level.
5. b) It helps you track your progress and analyze your technique.

