

Name _____

Growing Goodness: How Urban Planning Nurtures Healthy Food Access

Multiple Choice Questions

1. What is one way urban planners can encourage residents to grow their own food?

- a) Creating bike lanes
- b) Building more skyscrapers
- c) Setting aside land for community gardens
- d) Increasing public transportation fares

2. What do zoning laws regulate in cities?

- a) Food prices
- b) Land use
- c) Grocery store hours
- d) School curricula

3. How can public transportation systems help improve food access in cities?

- a) By increasing food prices
- b) By connecting neighborhoods to food sources
- c) By eliminating community gardens
- d) By reducing access to healthy food

4. What are food deserts, and why are they a concern?

- a) Areas with an excess of unhealthy food options
- b) Areas where healthy food is hard to find
- c) Areas with too many farmers' markets
- d) Areas without any grocery stores

5. How can mixed-use developments benefit residents regarding food access?

- a) By discouraging active transportation options
- b) By building more skyscrapers
- c) By including grocery stores and restaurants in neighborhoods
- d) By reducing access to public transportation

