

Name _____

Growing Goodness: How Urban Planning Nurtures Healthy Food Access

Open-Ended Response Questions

1. Imagine you live in a neighborhood without easy access to grocery stores. What suggestions would you give to urban planners to improve food access in your area?
2. Why do you think it's important for schools to teach students about the benefits of nutritious food and how to grow their own fruits and vegetables?
3. Reflect on a time when you or someone you know faced challenges in accessing healthy food. How do you think urban planning could have helped in that situation?
4. How can urban planning not only address food security but also contribute to a healthier lifestyle for city residents in general?

