

Name _____

Growing Goodness: How Urban Planning Nurtures Healthy Food Access

Short Answer Key

1. Urban planners can offer incentives such as tax breaks or grants to encourage healthy food retail businesses to open in underserved neighborhoods.
2. School gardens contribute to improving food access and education by providing students with hands-on experience in growing and harvesting fresh produce, which helps them understand the importance of nutritious food.
3. Community engagement is important in the urban planning process when addressing food access issues because it ensures that the solutions put in place are based on the needs and preferences of the local residents, making them more effective and sustainable.
4. Food banks and food rescue programs play a crucial role in urban planning for food security by collecting surplus food and distributing it to those in need, thereby reducing food waste and alleviating hunger.
5. Mixed-use developments combine residential, commercial, and recreational spaces in one area, including grocery stores and restaurants. This benefits residents by providing easy access to healthy food options within their neighborhoods.

