

Name _____

Guiding Lights: The Importance of Seeking Support from Trusted Adults

Short Answer

1. How can seeking support from trusted adults provide emotional security for young individuals facing peer pressure?
2. Explain why open communication with trusted adults is essential when dealing with peer pressure.
3. Share a situation where seeking support from a trusted adult helped someone resist negative peer pressure. What was the outcome?
4. What role do problem-solving skills play in dealing with peer pressure, and how can trusted adults assist in developing these skills?
5. Why is it important for young individuals to consider the perspectives and experiences of trusted adults when making decisions influenced by peer pressure?

