Name _____

Guiding Lights: The Importance of Seeking Support from Trusted Adults

Open-Ended Response Questions

1. Share a personal experience or hypothetical scenario where seeking support from a trusted adult made a significant difference in resisting peer pressure. Describe the steps taken and the outcome.

2. Discuss the importance of adults serving as positive role models in helping young individuals develop resilience against negative peer influences. Provide examples of positive role modeling.

3. Reflect on the potential long-term benefits of seeking support from trusted adults when facing peer pressure. How can this support shape an individual's decision-making and character?

4. Imagine a scenario where a friend is hesitant to seek support from trusted adults when dealing with peer pressure. Offer advice on how you would encourage and help them initiate such conversations.

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