

Name \_\_\_\_\_

## Guiding Lights: The Importance of Seeking Support from Trusted Adults

### Multiple Choice Answer Key

1. c) The influence that friends and peers exert on an individual's thoughts, behaviors, and decisions
2. b) They fear being accepted by their peers.
3. c) By offering perspective, emotional support, and problem-solving skills
4. c) Trusted adults create a safe space for communication and offer valuable perspectives.
5. b) Identify trusted individuals, initiate conversations, listen to advice, and practice assertiveness.

