

Name _____

Guiding Lights: The Importance of Seeking Support from Trusted Adults

Short Answer Key

1. Seeking support from trusted adults provides emotional security by knowing that there are caring adults who can offer guidance, emotional support, and a sense of safety when facing peer pressure.
2. Open communication with trusted adults is essential when dealing with peer pressure because it creates a safe and non-judgmental space for individuals to share their concerns, experiences, and feelings, and to seek advice and guidance.
3. [Student's description of a situation where seeking support from a trusted adult helped resist negative peer pressure]
4. Problem-solving skills enable individuals to make informed decisions and resist negative influences. Trusted adults can assist in developing these skills by teaching problem-solving techniques and strategies for dealing with peer pressure.
5. Considering the perspectives and experiences of trusted adults is important because it provides valuable insights and a broader view of potential consequences, helping young individuals make more informed decisions influenced by peer pressure.

