

Name _____

The Art of Hacky Sack

Open-Ended Response Questions

1. Why do you think "The Stall" is an important move in hacky sack?
2. How does hacky sack encourage physical activity and outdoor play?
3. What are some of the benefits of playing hacky sack, besides the physical activity?
4. Describe your experience playing hacky sack and how it made you feel.

