

Name _____

The Art of Hacky Sack

Open-Ended Response Answer Key

1. Possible Answer: "The Stall" is important in hacky sack because it allows players to briefly control the sack's movement, showcasing their finesse and precision while keeping it in the air.
2. Possible Answer: Hacky sack promotes physical activity and outdoor play by requiring players to move around, kick, and stay active while enjoying the game in open spaces.
3. Possible Answer: Benefits of playing hacky sack include improved balance, coordination, and creativity. It also fosters social interaction and camaraderie when played with friends.
4. Possible Answer: Answers may vary. Example: Playing hacky sack with my friends at the park was so much fun. It made me feel active and happy, and I loved trying different tricks with the sack.

